



**Glow With the Flow Twilight Run  
5K Run/Walk  
And  
Kids Run/Walk**

*A fun filled course featuring lights, music and a disco ball  
Proceeds benefit CollinCaresCureCancer Foundation*



**Friday Evening August 9th, 2019  
Root Middle School, Medina, OH  
1 Mile Fun Run/Walk 8:15 pm  
5K Run/Walk 8:45 pm**

Entry Fees; 5K \$25.00 OR \$35.00 after August 2nd

1 Mile Kids Run/Walk \$15.00 or \$20.00 after August 2nd

Awards: Top three finishers in age groups

Kids Fun Run/Walk participants will receive ribbons

Participants will receive glow-in-the-dark items to wear for the race as well as race t-shirts.

\*Those registering after August 2nd are not guaranteed shirts.

Name: \_\_\_\_\_ Tel # \_\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_

Circle One: 5K Run/Walk

Kids 1 Mile Run/Walk

Age: \_\_\_\_\_ M/F \_\_\_\_\_

T-Shirt Size Youth: S M L

Adult: S M L XL XXL

Make Checks Payable to: CollinCaresCureCancer 1114 North Court Street, #103, Medina, Ohio 44256

Waiver: By accepting this entry, I, the below signed, intending to be legally bound, for myself, my heirs, my executors and administrators, waive and release any and all rights and claims for damages I may have against the race, and sponsors and their representatives, successors, and assigns for any and all injuries suffered by me in said event. I attest that I will participate in this event as a foot race, that I am physically fit and sufficiently trained for the completion of this event. Furthermore, I hereby grant full permission to use my name and likeness, as well as any photographs and any record of this event in which I may appear for any legitimate purpose, including advertising and promotion.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent or Guardian if under 18 \_\_\_\_\_

\*No refunds will be issued for any reason



**GCXC**

**RACE TIMING, MANAGEMENT & PROMOTIONS**