



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

17th Annual WEST END RUN 5K Run & 2 Mile Fun Walk

At the Y, we have a long tradition of living into our mission. We exist to help everyone reach their goals of a healthy spirit, mind and body. We believe in strengthening our community one person at a time. The Y focuses on youth development, healthy living and social responsibility to build a strong community. Your participation in our event helps the Y provide opportunities for membership and life-changing programs

**Sunday
May 5, 2019**

Event begins 9 am at the West End Y
in Willoughby.

AGE GROUPS

10 & under, 11-14 15-19,
20-24, 25-29, 30-34, 35-39,
40-44, 45-49, 50-54, 55-59,
60-64, 65-69, 70 & over

AWARDS

5k Top 3 Overall Male & Female
5K Top 3 Each Group Male & Female

WEN1514J

REGISTRATION

Mail This Form

With Check Payable to West End Y
37100 Euclid Avenue Willoughby, OH 44094
440.946.1160

Go Online

www.lakecountyyymca.org
With Visa, MasterCard, Discover
or American Express

**No Guarantee on Shirt Size
After April 17.**

Register now through May 4, 2019
Register on Race Day

\$15 14 & Under
\$20 14 & Under

\$20 15 & Up
\$25 15 & Up

Name _____ Age on Race Day _____

Race ☐ 5K Run ☐ 2 Mile Walk Gender M or F Date of Birth _____

T-Shirt Size: YS YM YL S M L XL XXL

Address _____ City _____

State _____ Zip _____ Phone _____

Email _____

Liability Release Section

I hereby accept responsibility for, and assume the risk of any injury or damage to my person or dependent children which might arise directly or indirectly as a result, and or participation in a YMCA program. I hereby expressly release, discharge and hold harmless from any liability whatsoever the YMCA, the various branches and subdivisions thereof, and all employees and volunteers in their capacities as representatives of the YMCA, expressly including, but not limited to, the Board of the YMCA, except for injuries caused intentionally, or by willful misconduct. I certify that I am familiar with the contents of this release, that I have read and understand the same, and that it is my intention by signing this release that the same be binding not only on me, but my heirs, administrators, executors, successors, and assigns.

Signature

Date

Signature Parent/Guardian if under age 18

Date